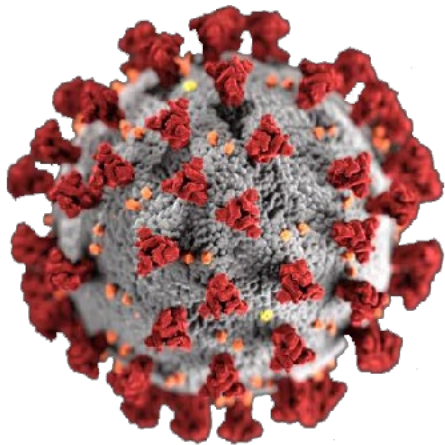




Unusual re-emergence of respiratory pathogens after lifting of COVID-19 restrictions in Singapore




Matthias Maiwald

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Singapore**

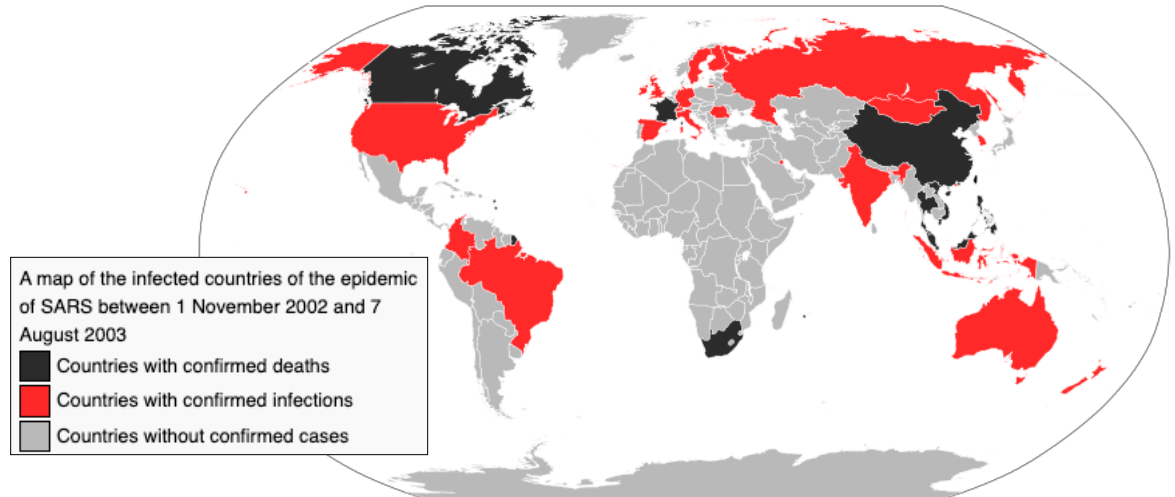
matthias (dot) maiwald (at) singhealth (dot) com (dot) sg

Background -- Singapore was hit quite badly by the 2003 SARS outbreak

Probable cases of SARS by country and territory,
1 November 2002 – 31 July 2003^[5]

Country or region	Cases	Deaths	Fatality (%)
 Mainland China ^[a]	5,327	349	6.6
 Hong Kong	1,755	299	17.0
 Taiwan ^{[b][6][7]}	346	73	21.1
 Canada	251	44	17.5
 Singapore	238	33	13.9
 Vietnam	63	5	7.9
Total excluding Mainland China	2,769	454	16.4
Total (29 territories)	8,096	811	9.6

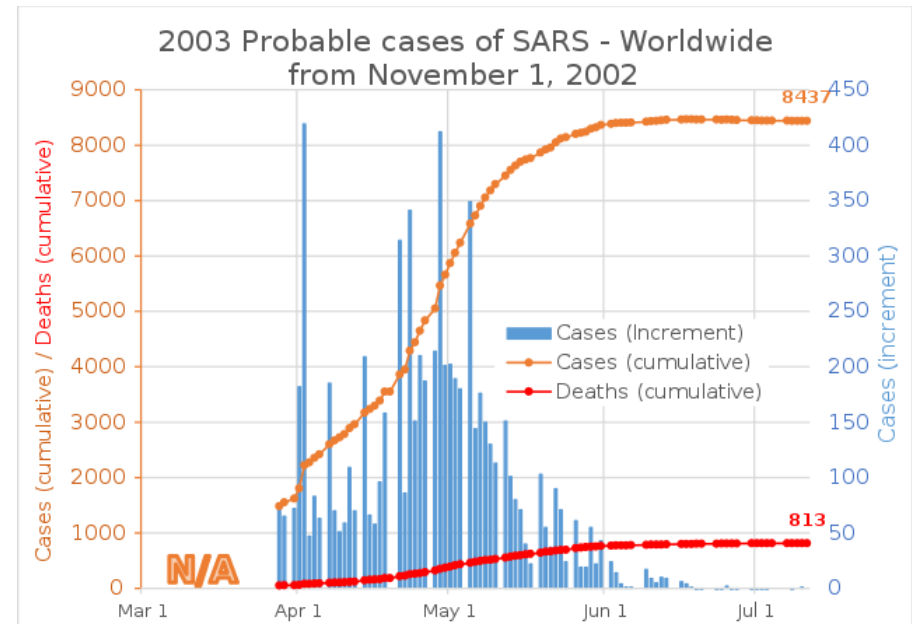
a. [^] Figures for China exclude Hong Kong, Macau and Taiwan, which are reported separately by the WHO.
b. [^] After 11 July 2003, 325 Taiwanese cases were 'discarded'. Laboratory information was insufficient or incomplete for 135 of the discarded cases; 101 of these patients died.



Singapore also had 5 deaths among healthcare workers

Painful Lesson:

- Due to its exposed location as trade and travel hub, SG is extremely vulnerable to imported infections!



Images: Wikipedia

Pandemic Response Measures, Singapore

Year	Time	Phase	Key events or measures	
2020	Feb	DORSCON Orange	<ul style="list-style-type: none"> First restrictions (incl. travel restrictions) 	
	April	Circuit Breaker	<ul style="list-style-type: none"> Complete Lockdown 	
	Jun	Phased Reopening	<ul style="list-style-type: none"> Cautious reopening Safe distancing measures remain in place Masks outside of home remain compulsory 	
2021	Jan	Reopening Phase 3	<ul style="list-style-type: none"> Loosening of measures Mask-wearing & safe distancing measures remain in place 	
	May	Heightened Alert	<ul style="list-style-type: none"> Tightening of measures after COVID clusters (Delta) Routine Rostered Testing (RRT) of all healthcare staff Subsequent (slight loosening of measures) 	
	Sep/ Oct	Stabilisation phase	<ul style="list-style-type: none"> Rise in COVID cases and deaths (Delta Wave) Again, tightening of measures 	
2022	Jan	Transition Phase	<ul style="list-style-type: none"> Continued from 2021 Omicron Wave since Dec 2021/Jan 2022 	
	Mar	Transition Phase	<ul style="list-style-type: none"> Further easing of measures Outdoor mask-wearing no longer mandatory 	
	Apr	DORSCON Yellow	<ul style="list-style-type: none"> Further relaxation of measures No more requirement for TraceTogether and SafeEntry Fully-vaccinated, well travellers can enter Singapore 	
	Oct	Transition Phase to Resilience	<ul style="list-style-type: none"> Mandatory mask-wearing only healthcare facilities & publ. transport Fully vacc. travellers may enter SG w/o testing or quarantine Public life has returned to near-normal 	
2023	Feb	DORSCON Green	<ul style="list-style-type: none"> Mask-wearing only mandatory in healthc. facilities w/ patient contact All other restrictions are lifted 	

DORSCON, Disease Outbreak Response System Condition.

Sources: Ministry of Health, Singapore, Wikipedia, Straits Times, Channel News Asia (CNA)

BioFire FilmArray RP 2.1 multiplex PCR

Rapid multiplex PCR with 19 respiratory pathogens & SARS-CoV-2 (~45 min)

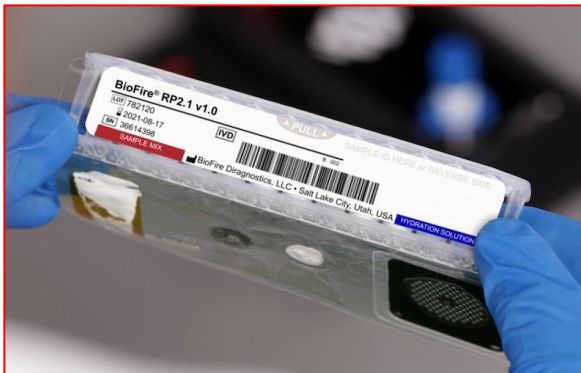
VIRUSES:

- Adenovirus
- Coronavirus 229E
- Coronavirus HKU1
- Coronavirus NL63
- Coronavirus OC43
- **Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)**
- Human Metapneumovirus
- Human Rhinovirus/Enterovirus
- Influenza A virus
- Influenza A virus A/H1
- Influenza A virus A/H3
- Influenza A virus A/H1-2009
- Influenza B virus
- Parainfluenza virus 1
- Parainfluenza virus 2
- Parainfluenza virus 3
- Parainfluenza virus 4
- Respiratory syncytial virus

BACTERIA:

- *Bordetella parapertussis*
- *Bordetella pertussis*
- *Chlamydia pneumoniae*
- *Mycoplasma pneumoniae*

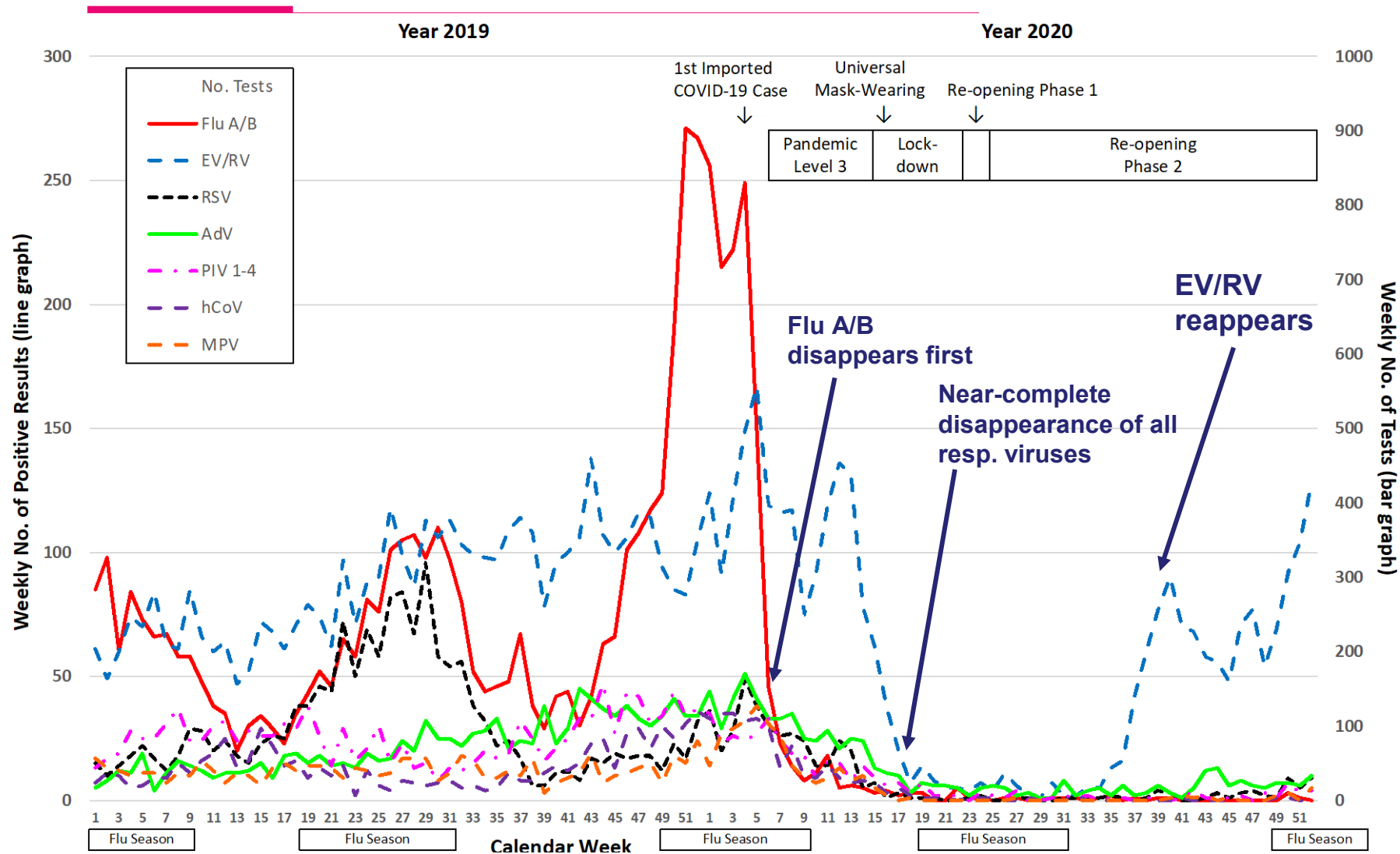
BioFire® Respiratory Panel 2.1		BIO FIRE	
www.BioFireDx.com			
Run Summary			
Sample ID:	RP2.1example	Run Date:	04 April 2020
Detected:	Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)	Controls:	5:21 PM Passed
Equivalocal:	• Influenza A		
Result Summary			
Viruses			
Not Detected	Adenovirus		
Not Detected	Coronavirus 229E		
Not Detected	Coronavirus HKU1		
Not Detected	Coronavirus NL63		
Not Detected	Coronavirus OC43		
✓ Detected	Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2)		
Not Detected	Human Metapneumovirus		
Not Detected	Human Rhinovirus/Enterovirus		
• Equivalocal	Influenza A		
Not Detected	Influenza B		
Not Detected	Parainfluenza Virus 1		
Not Detected	Parainfluenza Virus 2		
Not Detected	Parainfluenza Virus 3		
Not Detected	Parainfluenza Virus 4		
Not Detected	Respiratory Syncytial Virus		
Bacteria			
Not Detected	Bordetella parapertussis (IS1001)		
Not Detected	Bordetella pertussis (ptxP)		
Not Detected	Chlamydia pneumoniae		
Not Detected	Mycoplasma pneumoniae		
Run Details			
Pouch:	RP2.1 v1.0	Protocol:	NPS2 v3.2
Run Status:	Completed	Operator:	JJdoe
Serial No.:	01234567	Instrument:	TM8CCF3
Lot No.:	012345		



Images:
Manufacturer Websites; M. Maiwald

Trends in Respiratory Virus Infections During the COVID-19 Pandemic in Singapore, 2020

Wei Yee Wan, MD; Koh Cheng Thoon, MD; Liat Hui Loo, PhD; Kian Sing Chan, MD; Lynette L. E. Oon, MD; Adaikalavan Ramasamy, PhD; Matthias Maiwald, MD



Similar Trends in Other Countries

Concomitant Marked Decline in Prevalence of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) and Other Respiratory Viruses Among Symptomatic Patients Following Public Health Interventions in Australia: Data from St Vincent's Hospital and Associated Screening Clinics, Sydney, NSW

Deborah Marriott,¹ Rohan Beresford,² Feras Mirdad,² Damien Stark,¹ Allan Glanville,¹ Scott Chapman,¹ Jack Harkness,¹ Gregory J. Dore,^{1,3} David Andresen,^{1,4} and Gail V. Matthews^{1,3,4}

¹Department of Infectious Diseases, St Vincent's Hospital, Sydney, Australia, ²Concord Hospital, Sydney, Australia, ³Kirby Institute, University of New South Wales Sydney, Sydney, Australia

Our Australian hospital tested almost 22 000 symptomatic people over 11 weeks for severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in a multiplex polymerase chain reaction (PCR) assay. Following travel bans and physical distancing, SARS-CoV-2 and other respiratory viruses diagnoses fell dramatically. Increasing rhinovirus diagnoses as social control measures were relaxed may indirectly indicate an elevated risk of coronavirus disease 2019 (COVID-19) resurgence.

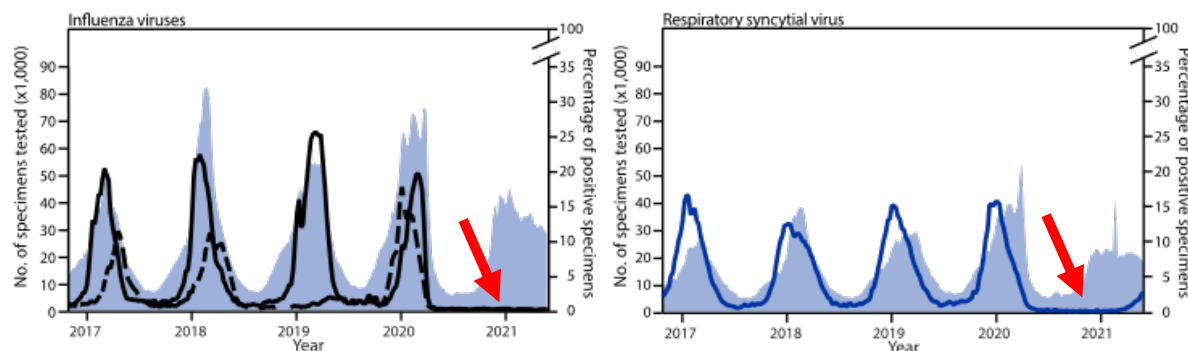
Clin. Infect. Dis. 2021;72(10):e649–51

Morbidity and Mortality Weekly Report

July 23, 2021

Changes in Influenza and Other Respiratory Virus Activity During the COVID-19 Pandemic — United States, 2020–2021

Sonja J. Olsen, PhD¹; Amber K. Winn, MPH²; Alicia P. Budd, MPH¹; Mila M. Prill, MSPH²; John Steel, PhD¹; Claire M. Midgley, PhD²; Krista Kniss, MPH¹; Erin Burns¹; Thomas Rowe, MS¹; Angela Foust¹; Gabriela Jasso¹; Angiezel Merced-Morales, MPH¹; C. Todd Davis, PhD¹; Yunho Jang, PhD¹; Joyce Jones, MS¹; Peter Daly, MPH¹; Larisa Gubareva, PhD¹; John Barnes, PhD¹; Rebecca Kondor, PhD¹; Wendy Sessions, MPH¹; Catherine Smith, MS¹; David E. Wentworth, PhD¹; Shikha Garg, MD²; Fiona P. Havers, MD²; Alicia M. Fry, MD¹; Aron J. Hall, DVM²; Lynnette Brammer, MPH¹; Benjamin J. Silk, PhD²



Dramatic decrease of laboratory-confirmed influenza A after school closure in response to COVID-19

Andres Perez-Lopez MD, PhD^{1,2} | Mohammad Hasan PhD^{1,2} | Muhammad Iqbal MSc¹ | Mohammed Janahi MD^{2,3} | Diane Roscoe MD¹ | Patrick Tang MD, PhD^{1,2}

¹Department of Pathology and Laboratory Medicine, Division of Microbiology, Sidra Medicine, Qatar Foundation, Doha, Qatar

²Weill Cornell Medical College, Doha, Qatar

³Division of Pediatric Infectious Diseases, Sidra Medicine, Qatar Foundation, Doha, Qatar

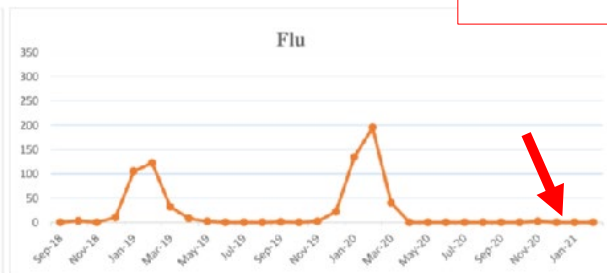
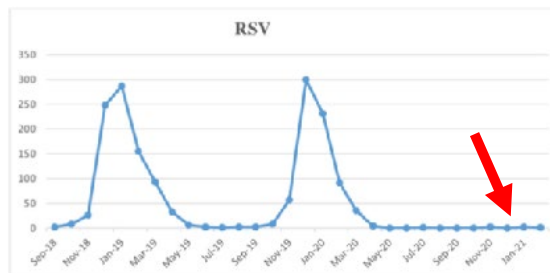
Pediatr. Pulmonol. 2020;55:2233-4

Article

The Disappearance of Respiratory Viruses in Children during the COVID-19 Pandemic

Int. J. Environ. Res. Public Health 2021, 18, 9550.

Anna Chiara Vittucci^{1,*}, Livia Piccioni², Luana Coltella², Claudia Ciarlito¹, Livia Antilici¹, Elena Bozzola^{1,10}, Fabio Midulla³, Paolo Palma⁴, Carlo Federico Perno² and Alberto Villani^{1,10}



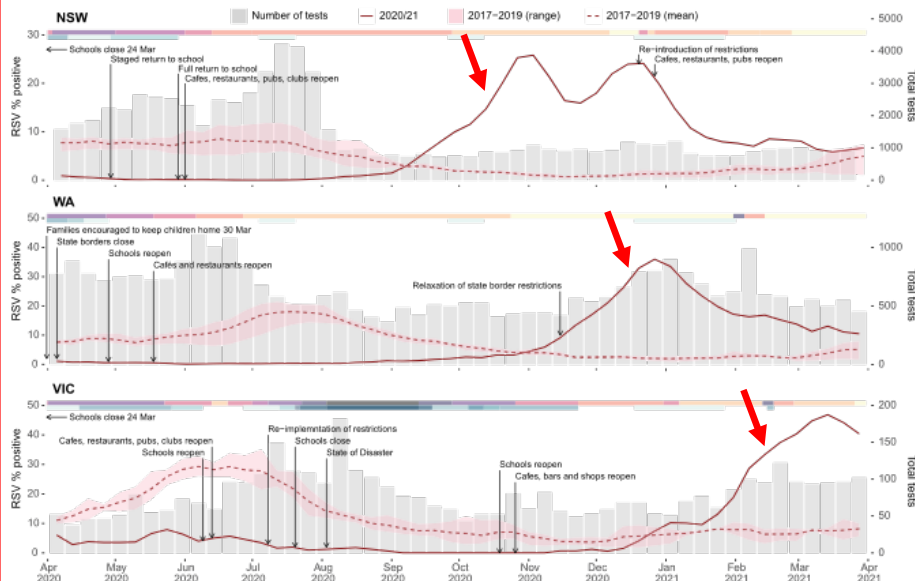
International Journal of
Environmental Research
and Public Health

However, what happens thereafter?



Off-season RSV epidemics in Australia after easing of COVID-19 restrictions

John-Sebastian Eden^{1,2,20}, Chisha Sikazwe^{3,4,20}, Ruopeng Xie^{5,6,20}, Yi-Mo Deng^{7,8}, Sheena G. Sullivan^{7,9}, Alice Michie⁴, Avram Levy³, Elena Cutmore^{1,2}, Christopher C. Blyth^{3,10,11,12}, Philip N. Britton^{2,13}, Nigel Crawford^{14,15,16}, Xiaomin Dong^{7,8}, Dominic E. Dwyer^{2,17}, Kimberly M. Edwards^{5,6}, Bethany A. Horsburgh^{1,2}, David Foley³, Karina Kennedy¹⁸, Cara Minney-Smith³, David Speers^{3,13}, Rachel L. Tulloch^{1,2}, Edward C. Holmes², Vijaykrishna Dhanasekaran^{5,6,21,24}, David W. Smith^{3,10,21,24}, Jen Kok^{17,21,25}, Ian G. Barr^{7,8,21,25} & the Australian RSV study group*



Article

Out-of-Season Epidemic of Respiratory Syncytial Virus during the COVID-19 Pandemic: The High Burden of Child Hospitalization in an Academic Hospital in Southern Italy in 2021

Children 2022, 9, 848

Daniela Luconsole¹, Francesca Centrone¹, Caterina Rizzo², Désirée Caselli³, Azzurra Orlandi³, Fabio Cardinale⁴, Cristina Serio⁴, Paola Giordano⁵, Giuseppe Lassandro⁵, Leonardo Milella⁶, Maria Teresa Ficarella⁶, Maria Elisabetta Baldassarre⁷, Nicola Laforgia⁸ and Maria Chironna^{1,*}



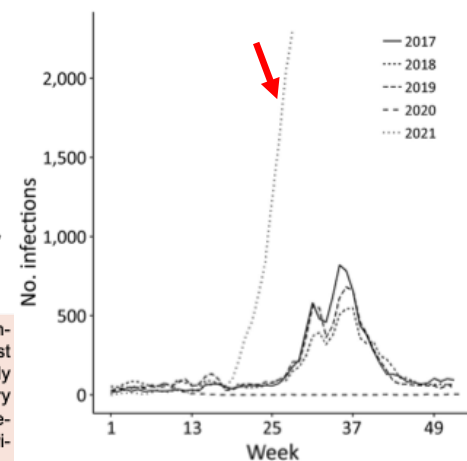
Resurgence of Respiratory Syncytial Virus Infections during COVID-19 Pandemic, Tokyo, Japan

Mugen Ujiie, Shinya Tsuzuki, Takato Nakamoto, Noriko Iwamoto

Author affiliation: National Center for Global Health and Medicine, Tokyo, Japan

DOI: <https://doi.org/10.3201/eid2711.211565>

More than a year into the coronavirus-19 pandemic, intensive infection control measures have controlled most viral respiratory infections in Tokyo, Japan. As of July 2021, however, an unusually high number of respiratory syncytial virus infections were reported in Tokyo. This resurgence may have resulted from restarting social activities for children.



Emerging Infectious Diseases • www.cdc.gov/eid • Vol. 27, No. 11, November 2021

Thereafter (Continued)



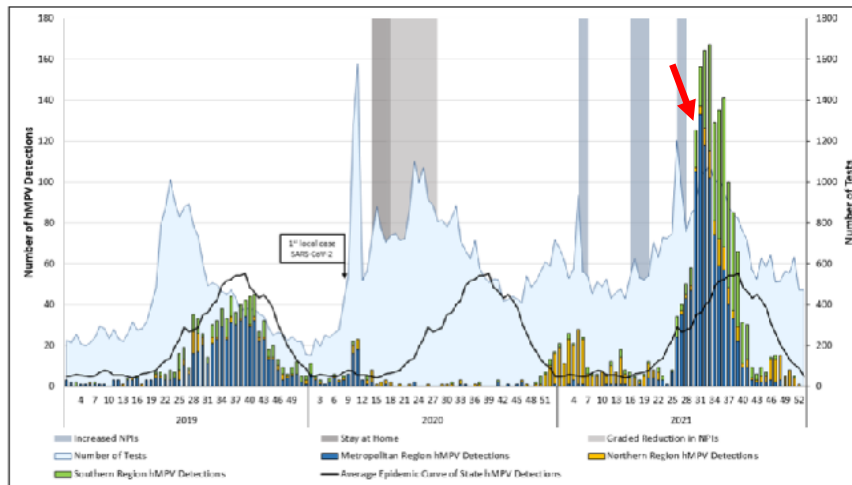
Viruses 2022; 14: 2135



Article

An Unusual Resurgence of Human Metapneumovirus in Western Australia Following the Reduction of Non-Pharmaceutical Interventions to Prevent SARS-CoV-2 Transmission

David Anthony Foley ^{1,2,3,*}, Chisha T. Sikazwe ^{1,4}, Cara A. Minney-Smith ¹, Timo Ernst ⁴, Hannah C. Moore ^{2,5}, Mark P. Nicol ⁶, David W. Smith ^{1,3}, Avram Levy ^{1,4} and Christopher C. Blyth ^{1,2,3,6}



Singapore 2022:

- FluA/B cases rising since mid-year
 - RSV surged early/mid 2021 & 2022
 - HFMD (EV) case clusters on the rise
 - EV meningitis cases re-appearing
- KKH Data, unpublished



Australian Government

Department of Health and Aged Care

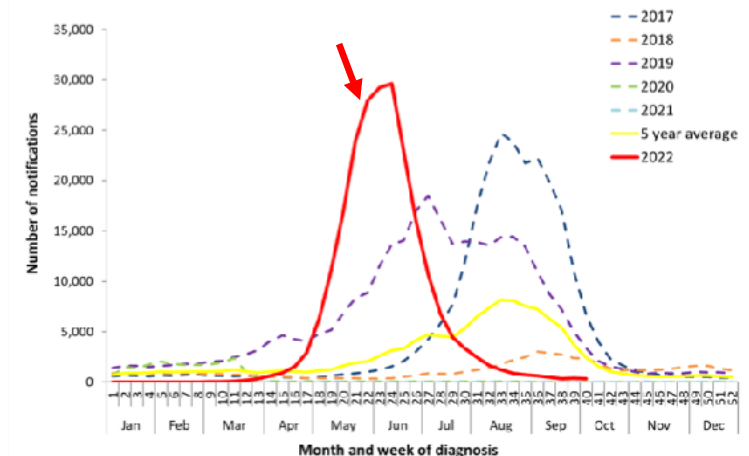
AUSTRALIAN INFLUENZA SURVEILLANCE REPORT

<http://www.health.gov.au/flureport>

No. 14, 2022

Reporting fortnight: 26 September to 09 October 2022

Figure 4. Notifications of laboratory-confirmed influenza, Australia, 01 January 2017 to 09 October 2022, by month and week of diagnosis*



How have children fared in Germany in the latest wave of the COVID pandemic?

<https://p.dw.com/p/47Mns>

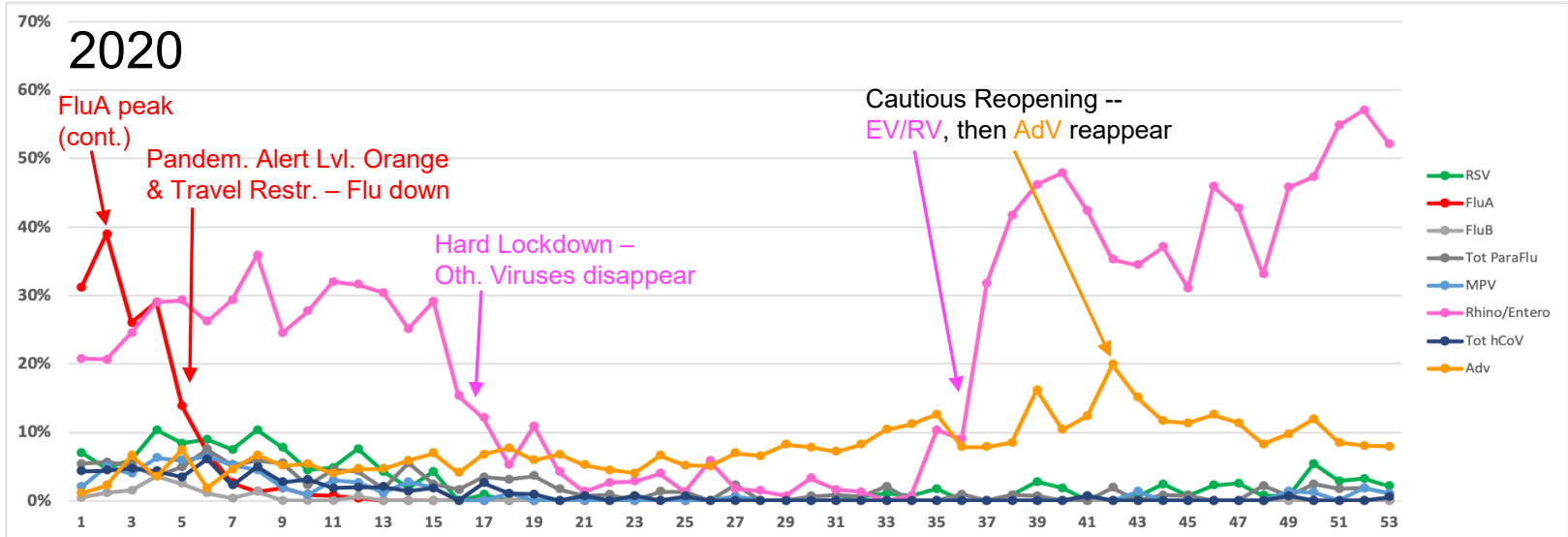
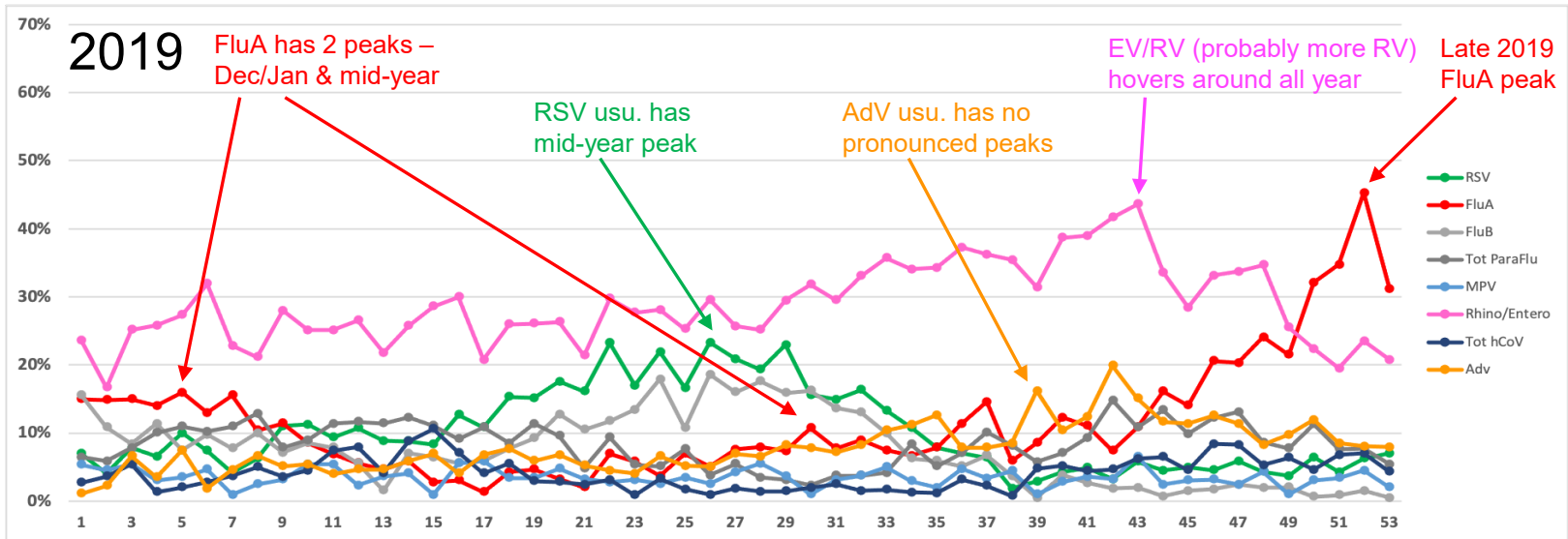
Although data indicate that the omicron variant has been less severe for children, they still face risks — including long COVID or inflammatory syndrome. Experts are urging prioritizing kids' well-being.

- RSV rose sharply from Oct. 2021
- Children hospitalized with RSV about 6-8 x higher than those with COVID-19



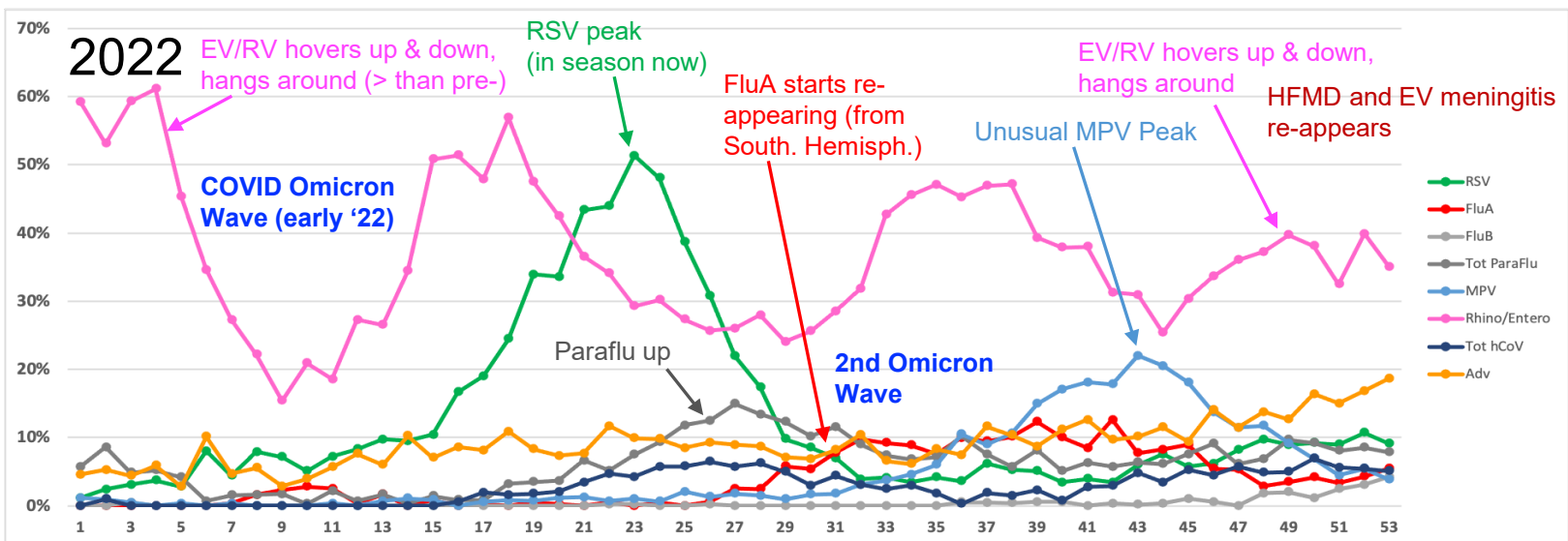
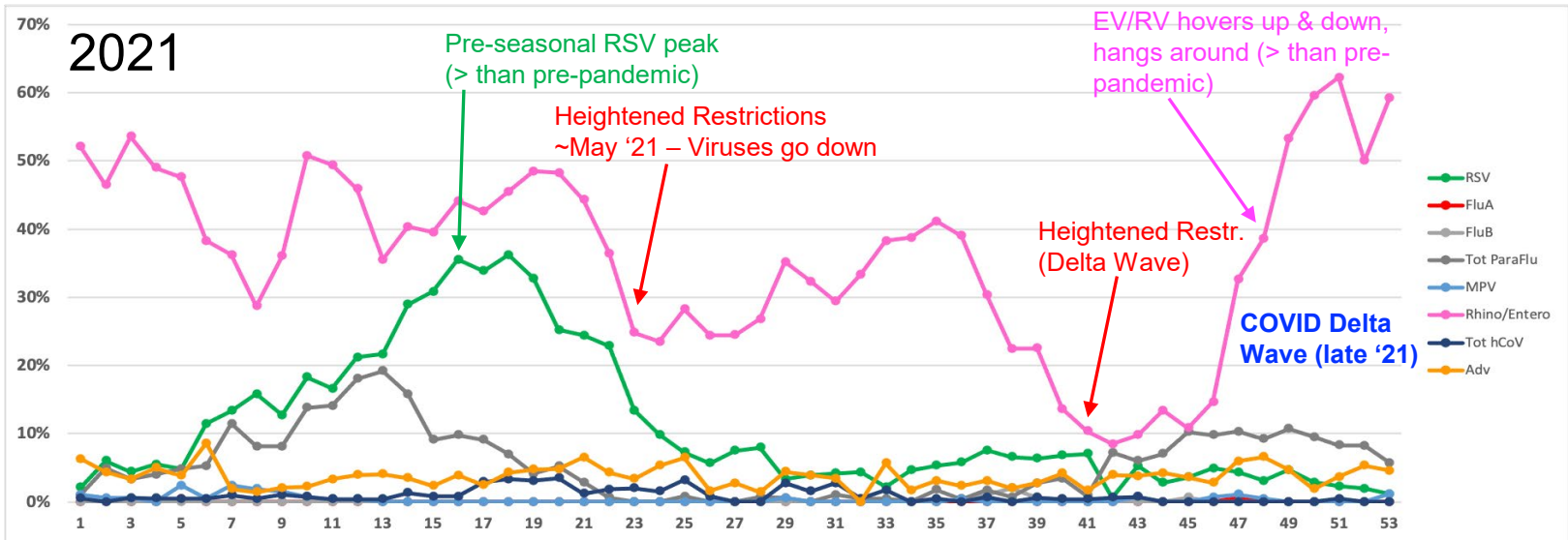
DEUTSCHE WELLE (Feb. 2022)

Percentages of respiratory viruses 2019-2020



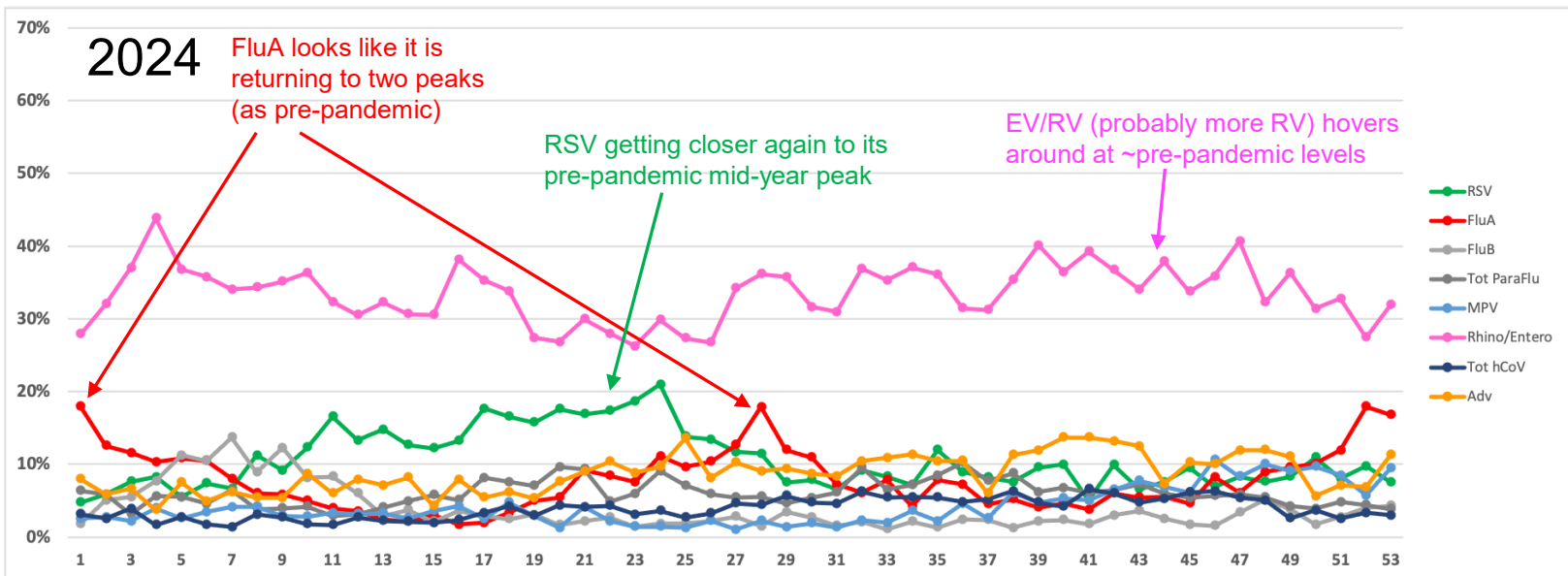
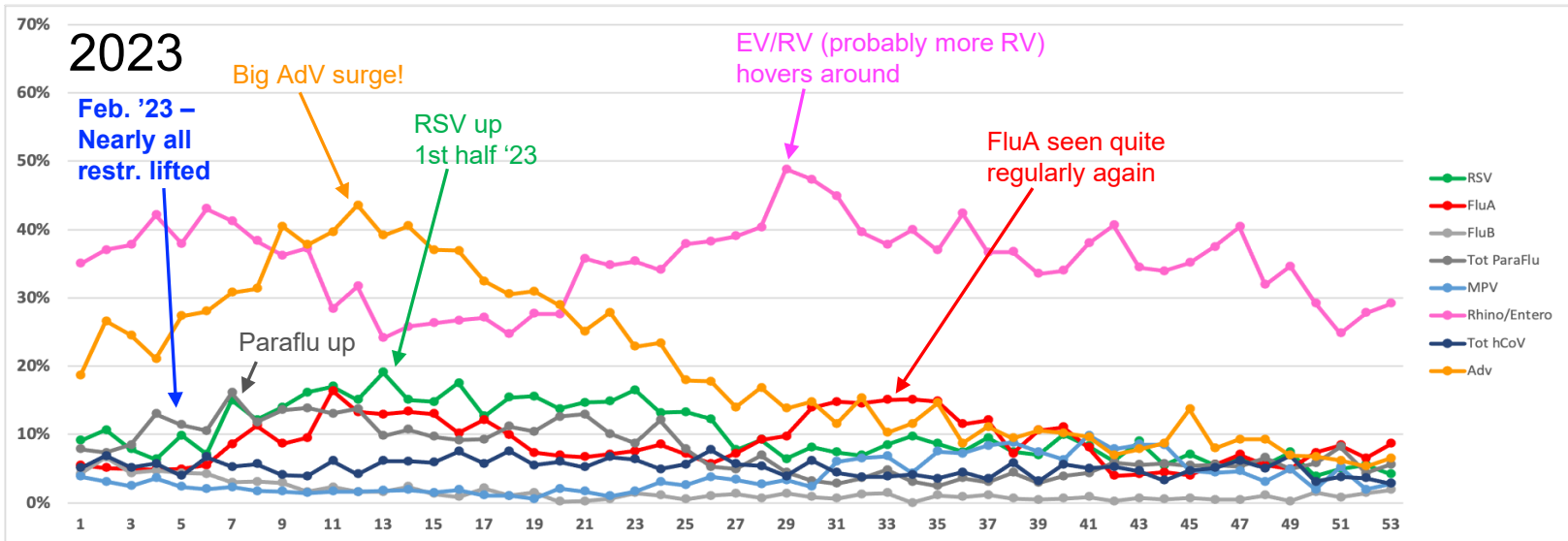
- EV/RV and AdV are non-enveloped viruses, i.e. more hardy in the environment
- Reopening still with mandatory mask-wearing, but increasing social contacts

Percentages of respiratory viruses 2021-2022

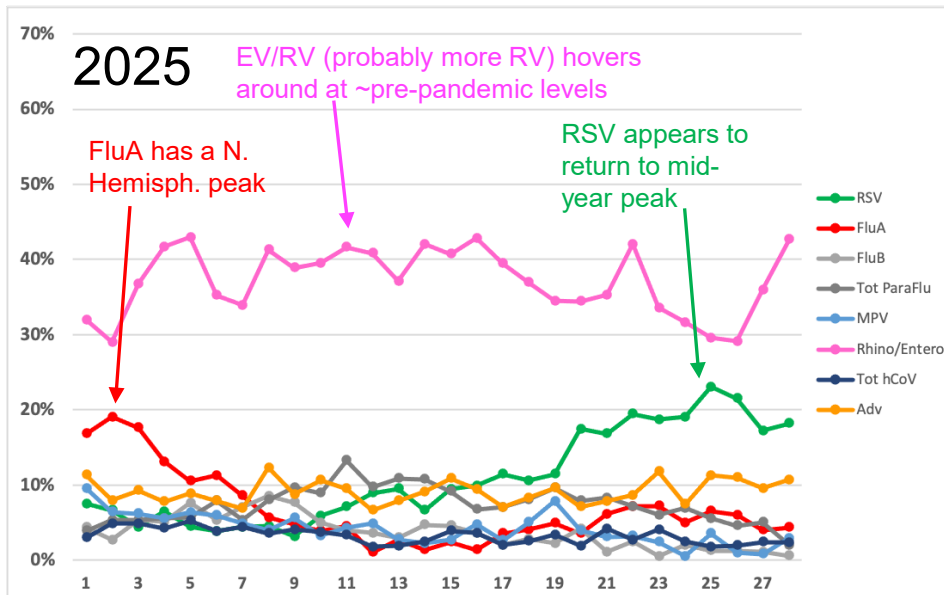


- 2021 had a pre-seasonal RSV peak, higher than pre-pandemic RSV peaks
- FluA re-appears 2nd half 2022; EV/RV higher than pre-pandemic; HFMD & EV men. re-appears

Percentages of respiratory viruses 2023-2024



Percentages of respiratory viruses 2025

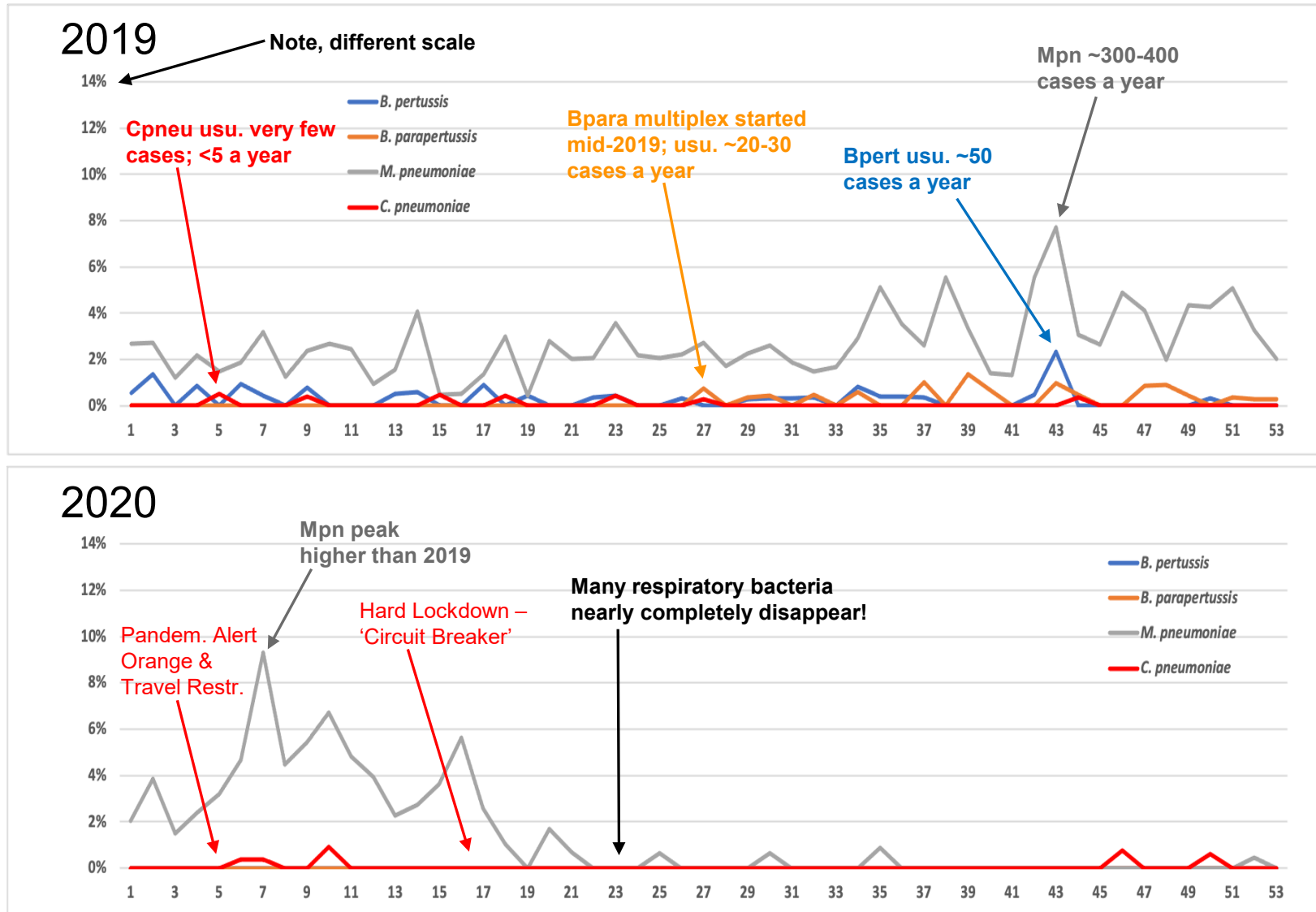


- Virus patterns in 2025 appear to be returning to near pre-pandemic levels
- Includes FluA Northern Hemisphere Winter peak
- Includes RSV mid-year peak

Summary of respiratory viruses 2019-2025

- In total, >120,000 samples tested btw. 2019-6/2025 (~90% paed. pats.)
- Resp. viruses follow COVID-related restrictions, but not all in the same way
- EV/RV and AdV returned first – both non-enveloped viruses – at increasing social contacts with still mandatory mask-wearing – suggests partial role of contact transmission
- Subsequent heightened (e.g. Omicron wave) and/or lowered restrictions – viruses go up and down accordingly
- Some countries had RSV peaks that strained children's hospitals in late 2020; SG in early 2021
- Several viruses (AdV, MPV) had unusual phases of high activity; much higher than pre-pandemic
- FluA returned only 2nd half of 2022; probably from Southern Hemisphere
- EV/RV overall commonest virus; keeps hovering up and down, 2021-2023 at greater than pre-pandemic levels, 2024 & 2025 near pre-pandemic levels

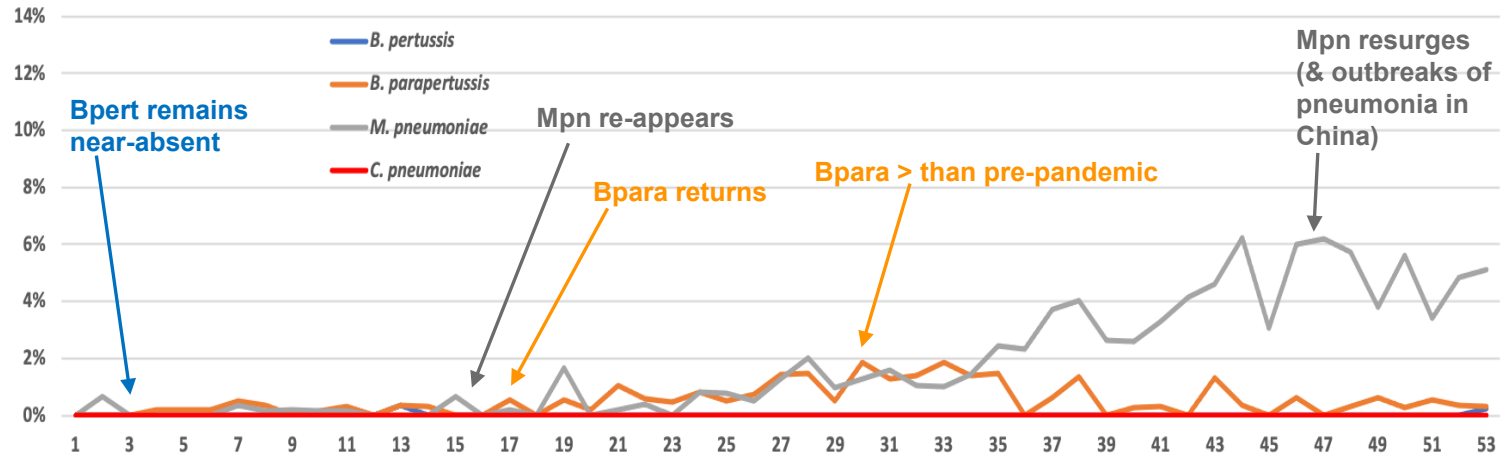
Percentages of respiratory bacteria 2019-2020



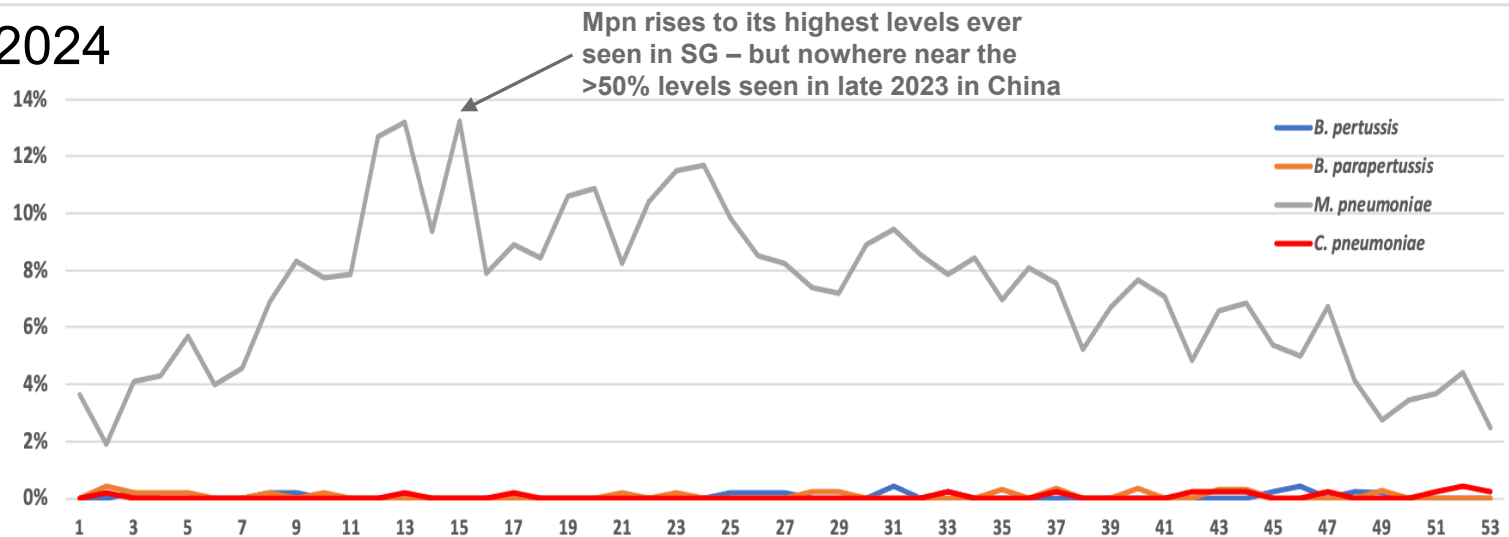
Then -- 2021 & 2022 – near-absence of resp. bacteria (not shown)

Percentages of respiratory bacteria 2023-2024

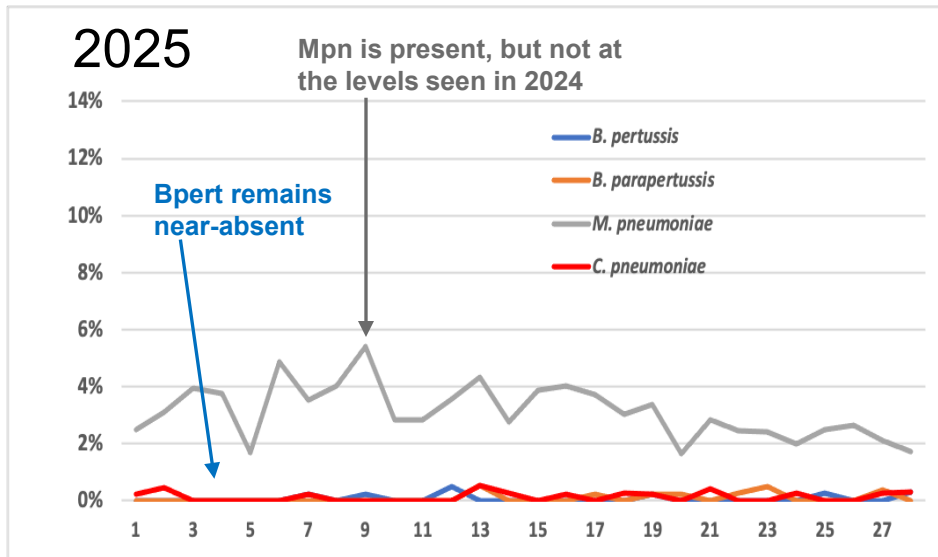
2023



2024



Percentages of respiratory bacteria 2025



- *Mycoplasma pneumoniae* hovers around at near pre-pandemic levels
- *B. pertussis*, *B. parapertussis* & *C. pneumoniae* remain near-absent
- *B. parapertussis* prevalence from 2023 is NOT repeated

Summary of respiratory bacteria 2019-2025

- Resp. bacteria disappeared similarly to viruses in early pandemic
- 2021 & 2022 – near-absence of resp. bacteria (not shown)
- Mpn remained near-absent until Apr. 2023 (same in many countries)
- Late 2023 saw a big Mpn resurgence – also huge case numbers in China (>50% of all specimens pos. for Mpn and >90% genotypic macrolide res.)
- Bpert remained near-absent throughout, only 5 cases btw. 2020-23; slow return of 14 cases in 2024, a few cases in 2025
- Bpara returned around Mar. 2023; greater numbers than pre-pandemic (>100 cases in 2023) – but trend did not continue in 2024 & 2025
- Cpneu had very few cases pre- and post-pandemic – no change
- Slight uptick in invasive pneumococcal disease in late 2024 (anecdotal; data not shown/analysed)

Similar Trends for Bacterial Illnesses

Decline in pneumococcal disease incidence in the time of COVID-19 in Singapore

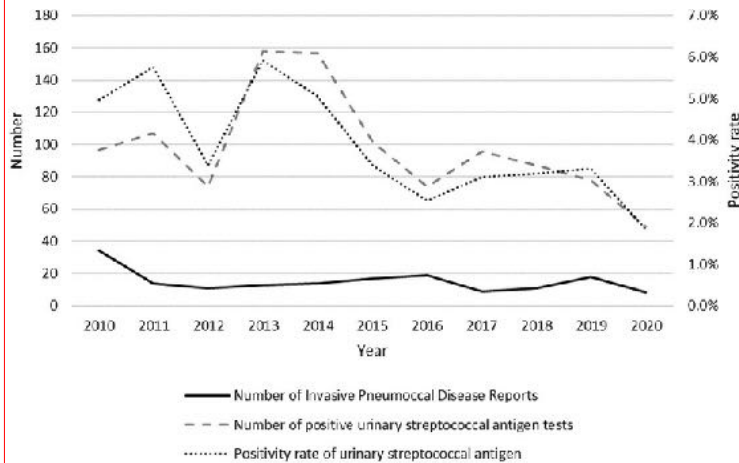
Journal of Infection 81 (2020) e19–e21

Rachel HF Lim
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*Corresponding author. Tel.: +65-63577477; Fax: +65-63577465.

E-mail address: hanleyho@gmail.com (H.J. Ho)



Bordetella pertussis

- KKH in pre-pandemic years >50 cases per year
- Last case seen March 2020
- 5 cases until 2023; 14 in 2024

Bordetella parapertussis

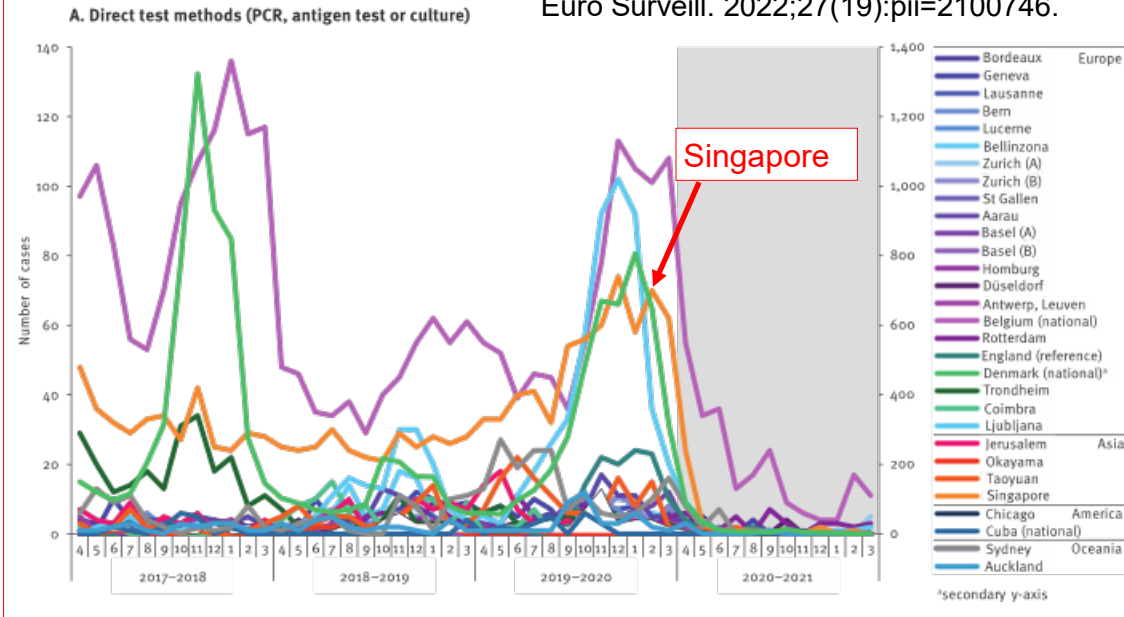
- Came back 2023
- KKH Data, unpublished

RESEARCH

Mycoplasma pneumoniae detections before and during the COVID-19 pandemic: results of a global survey, 2017 to 2021

Patrick M Meyer Sauter¹, Michael L Beeton², Søren A Uldum³, Nathalie Bossuyt⁴, Melissa Vermeulen⁴, Katherine Loens⁵, Sabine Pereyre⁶, Cécile Bébér⁶, Darja Keše⁷, Jessica Day⁸, Baharak Afshar⁹, Victoria J Chalker⁹, Gilbert Greub⁹, Ran Nir-Paz^{10,11}, Roger Dumke¹², ESGMAC–MyCOVID Study Team¹³

Euro Surveill. 2022;27(19):pii=2100746.



Mycoplasma pneumoniae beyond the COVID-19 pandemic: where is it?

*Patrick M Meyer Sauter, Victoria J Chalker, Christoph Berger, Ran Nir-Paz, Michael L Beeton, on behalf of the ESGMAC and the ESGMAC–MyCOVID study group
patrick.meyersauter@kispi.uzh.ch

The Lancet Microbe 2022
Published Online
August 11, 2022
[https://doi.org/10.1016/S2666-5247\(22\)00190-2](https://doi.org/10.1016/S2666-5247(22)00190-2)

- *M. pneumoniae* remained largely absent from most countries until March 2022

Mycoplasma pneumoniae

Mycoplasma pneumoniae beyond the COVID-19 pandemic: where is it?

Patrick M Meyer Sauteur, Victoria J Chalker, Christoph Berger, Ran Nir-Paz, Michael L Beeton, on behalf of the ESGMAC and the ESGMAC-MyCOVID study group
patrick.meyersauteur@kispi.uzh.ch

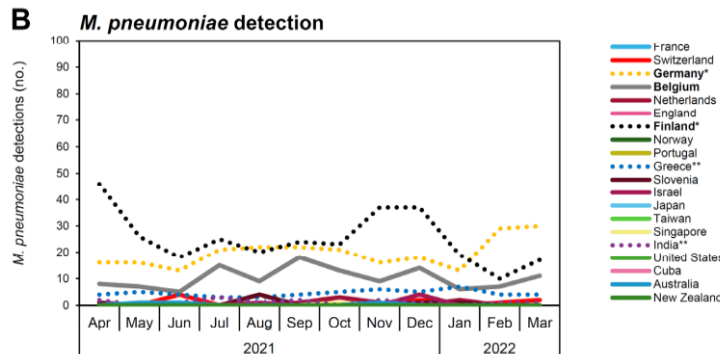
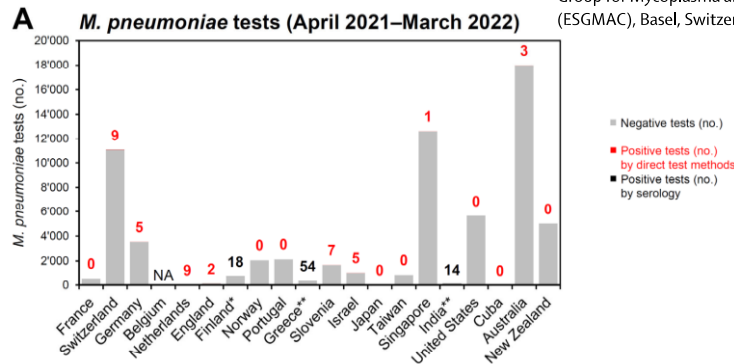
Division of Infectious Diseases and Hospital Epidemiology, University Children's Hospital Zurich, Zurich 8032, Switzerland (PMMS, CB); United Kingdom Health Security Agency, London, UK (VJC); Department of Clinical Microbiology and Infectious Diseases, Hadassah Hebrew University Medical Center, Jerusalem, Israel (RN-P); Microbiology and Infection Research Group, Department of Biomedical Sciences, Cardiff Metropolitan University, Cardiff, UK (MLB)

*KKH, Singapore, as a study site



Published Online
August 11, 2022
[https://doi.org/10.1016/S2666-5247\(22\)00190-2](https://doi.org/10.1016/S2666-5247(22)00190-2)

www.thelancet.com/microbe Vol 3 December 2022



Mycoplasma pneumoniae: gone forever?

Patrick M Meyer Sauteur, Michael L Beeton, on behalf of the ESGMAC and the ESGMAC MAPS study group
patrick.meyersauteur@kispi.uzh.ch

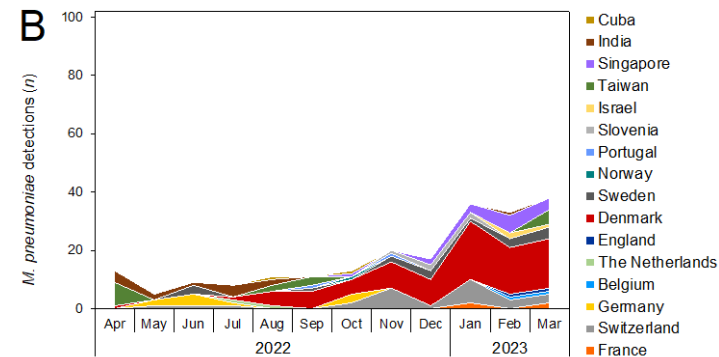
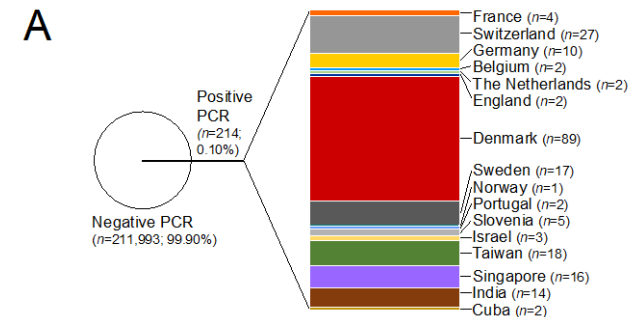
Division of Infectious Diseases and Hospital Epidemiology, University Children's Hospital Zurich, Zurich 8032, Switzerland (PMMS); Microbiology and Infection Research Group, Department of Biomedical Sciences, Cardiff Metropolitan University, Cardiff, UK (MLB); European Society of Clinical Microbiology and Infectious Diseases Study Group for Mycoplasma and Chlamydia Infections (ESGMAC), Basel, Switzerland

*KKH, Singapore, as a study site



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www.thelancet.com/microbe Published online June 29, 2023



Mycoplasma pneumoniae



Lancet Microbe 2024

Published Online
https://doi.org/10.1016/S2666-5247(23)00406-8

*KKH, Singapore, as a study site

Inclusion of late 2023 data from China!

Mycoplasma pneumoniae: delayed re-emergence after COVID-19 pandemic restrictions

Patrick M Meyer Sauter, Michael L Beeton, on behalf of the European Society of Clinical Microbiology and Infectious Diseases (ESCMID) Study Group for Mycoplasma and Chlamydia Infections (ESGMAC), and the ESGMAC Mycoplasma pneumoniae Surveillance (MAPS) study group
patrick.meyersauter@kispi.uzh.ch

†For the members of the ESGMAC MAPS study group, see appendix 1

Division of Infectious Diseases and Hospital Epidemiology, University Children's Hospital Zurich, Zurich CH-8032, Switzerland (PMMS); Microbiology and Infection Research Group, Department of Biomedical Sciences, Cardiff Metropolitan University, Cardiff, UK (MLB)

*KKH, Singapore, as a study site

Pneumonia outbreaks due to re-emergence of Mycoplasma pneumoniae

*Patrick M Meyer Sauter, Michael L Beeton, on behalf of the European Society of Clinical Microbiology and Infectious Diseases (ESCMID) Study Group for Mycoplasma and Chlamydia Infections (ESGMAC), and the ESGMAC Mycoplasma pneumoniae Surveillance (MAPS) study group†
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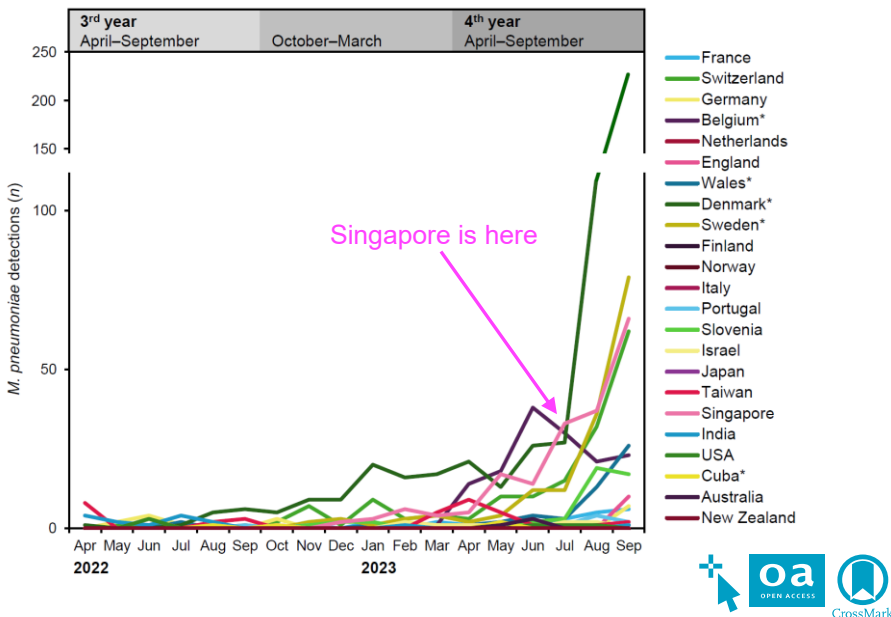
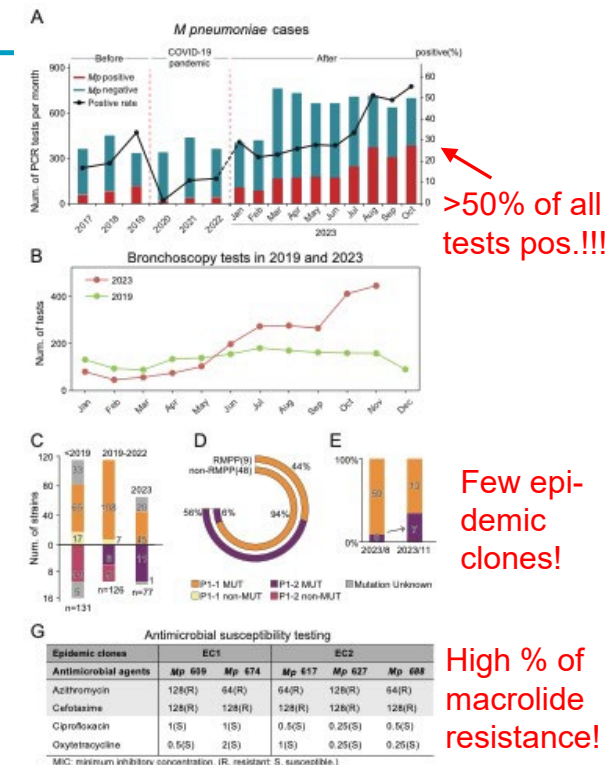
Resurgence of Mycoplasma pneumonia by macrolide-resistant epidemic clones in China

Heng Li, Shengkai Li, Huajiang Yang, *Zhengrong Chen, *Zheming Zhou
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Lancet Microbe 2024

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Mycoplasma pneumoniae – Situation in China 2023

NEWS EXPLAINER | 27 November 2023

What's behind China's mysterious wave of childhood pneumonia?

Scientists expected a surge in respiratory disease, but what is happening in China is unusual.

By [Gemma Conroy](#)



nature



Parents wait for their children to be treated for respiratory disease in Chongqing, China. Credit: Costfoto/NurPhoto via Getty

In 2023, through an ongoing respiratory pathogen surveillance system, we observed from mid-September onwards, an increase of respiratory illness among children aged ≤ 15 years presenting at hospital out-patient clinics in Beijing, China. Data indicated that illness was caused by multiple pathogens, predominantly *Mycoplasma pneumoniae*. Seasonality, periodicity and high prevalence of resistance to macrolide (30 of 30 strains sequenced with the A2063G mutation) were important characteristics of the *M. pneumoniae* epidemic, which resulted in a rise in consultations at specialised paediatric hospitals.

Current *Mycoplasma pneumoniae* epidemic among children in Shanghai: unusual pneumonia caused by usual pathogen

Xiao-Bo Zhang¹ · Wen He¹ · Yong-Hao Gui² · Quan Lu³ · Yong Yin⁴ · Jian-Hua Zhang⁵ · Xiao-Yan Dong³ · Ying-Wen Wang⁶ · Ying-Zi Ye⁷ · Hong Xu⁸ · Jia-Yu Wang⁹ · Bing Shen¹⁰ · Dan-Ping Gu¹¹ · Li-Bo Wang¹ · Yi Wang¹²

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World Journal of Pediatrics (2024) 20:5–10
<https://doi.org/10.1007/s12519-023-00793-9>

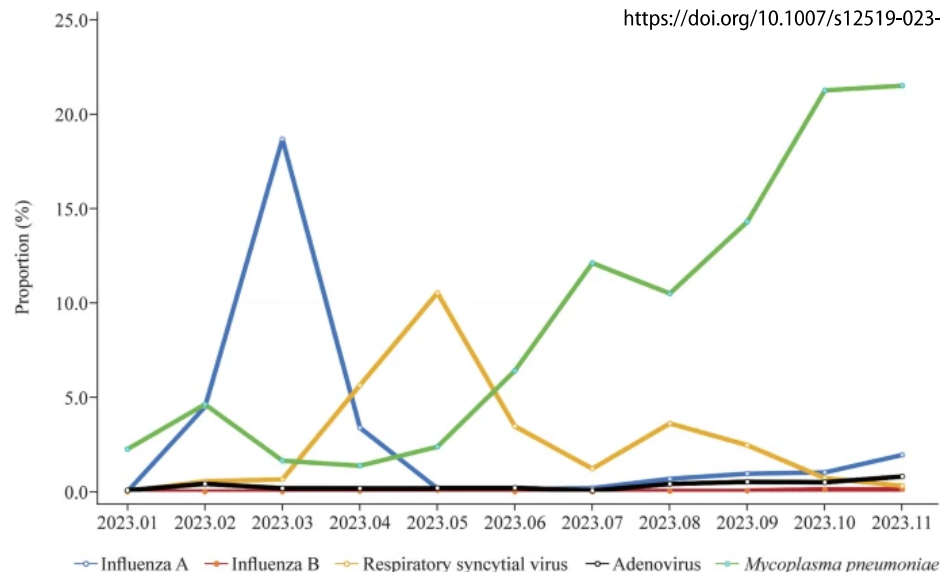


Chart of trends in the prevalence of influenza A, influenza B, respiratory syncytial virus, adenovirus and *Mycoplasma pneumoniae* among children with pneumonia in Shanghai between January 2023 and November 2023. The data were collected from children's specialized hospital in Shanghai

RAPID COMMUNICATION

Increase of respiratory illnesses among children in Beijing, China, during the autumn and winter of 2023

Cheng Gong^{1,2,3}, Fang Huang^{1,2,3}, Luodan Suo^{1,2}, Xuejiao Guan¹, Lu Kang^{1,2}, Hui Xie¹, Geng Hu¹, Peng Yang^{1,2}, Quanyi Wang^{1,2}
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Euro Surveill. 2024;29(2):pii=2300704.
<https://doi.org/10.2807/1560-7917.ES.2024.29.2.2300704>

Mycoplasma pneumoniae & Bordetella pertussis

Mycoplasma pneumoniae: re-emergence and beyond

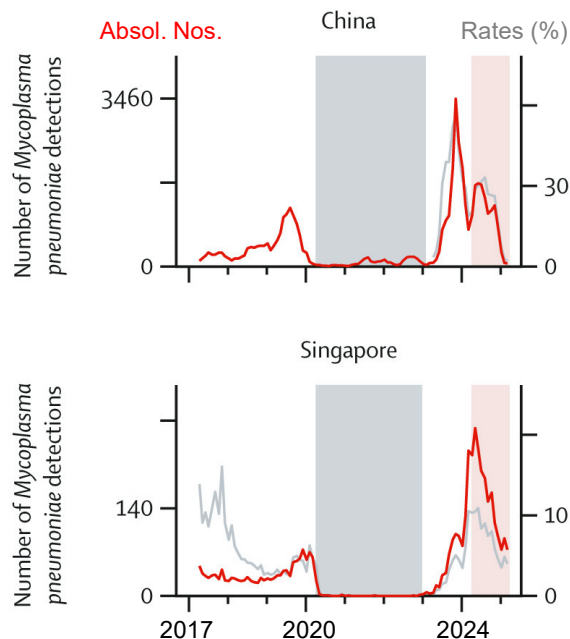
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i.lanmic.2025.101191

*Patrick M Meyer Sauter, The European Society of Clinical Microbiology and Infectious Diseases Study Group for Mycoplasma and Chlamydia Infections (ESGMAC) Mycoplasma pneumoniae Surveillance (MAPS) study group†
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Resurgence of *Mycoplasma pneumoniae* infections in children: emerging challenges and opportunities

Ruben C.A. de Groot^a, Bianca M.M. Streng^b, Louis J. Bont^b,
Patrick M. Meyer Sauter^c and Annemarie M.C. van Rossum^d

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Curr Opin Infect Dis 2025, 38:000–000
DOI:10.1097/QCO.0000000000001126

KEY POINTS

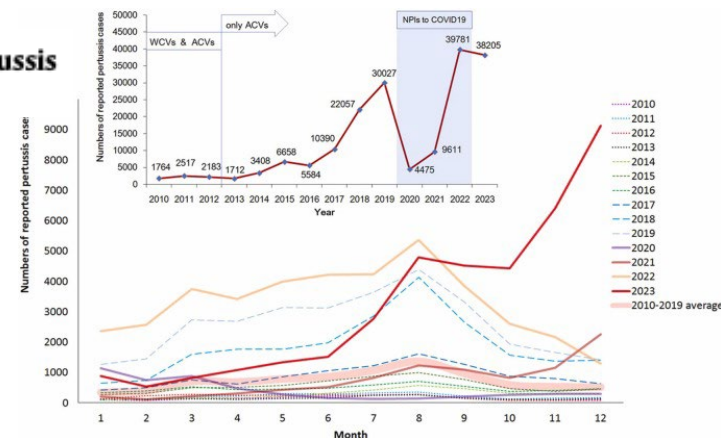
- *M. pneumoniae* infections have resurged globally in 2023–2024 after a period of exceptionally low *M. pneumoniae* prevalence related to COVID-19 nonpharmaceutical interventions.
- Tetracyclines or fluoroquinolones provide well tolerated and effective alternatives to macrolides, since resistance to macrolide antibiotics remains problematic, especially in East-Asia.
- While most *M. pneumoniae* infections remain mild, severe complications, including mucocutaneous manifestations, were frequently reported during the 2023–2024 resurgence, in particular in young adults.

Resurgence and atypical patterns of pertussis in China

Guo Mengyang, Hu Yahong,
Meng Qinghong, Shi Wei, Yao Kaihu

Journal of Infection 88 (2024) 106140

*Correspondence to: Beijing Children's Hospital, Capital Medical University, No. 56 Nanlishi Road, Xicheng District, Beijing.
E-mail address: yaokaihu@bch.com.cn (Y. Kaihu).



Summary of Observed Phenomena

- COVID-19 pandemic restrictions (travel bans, mask-wearing, lockdowns, social distancing, etc.) were associated with a broad decline of many resp. pathogens
- Loosening/lifting of restrictions is/was associated with pathogen return
- Effects of control measures and relaxation varied btw. pathogens and phases
- However, pathogens did not return all at once
- Non-enveloped viruses (RV/EV, AdV) returned first
- RSV had early out-of-season peaks – straining children's hospitals
- Influenza A returned late – probably travel-associated (South. Hemisph.)
- **Flu B/Yamagata** lineage likely went **extinct** (B/Victoria & FluA returned)
- Several viruses (RV/EV, RSV, AdV) returned to > than pre-pandemic levels
- Pertussis remains near-absent; parapertussis had a > pre-pandemic surge
- *Mycoplasma pneumoniae* returned after long hiatus – big surge in China

An 'Immunity Debt' may have arisen



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Review

Infect Dis Now. 2021; 51(5): 418-23

Pediatric Infectious Disease Group (GPIP) position paper on the immune debt of the COVID-19 pandemic in childhood, how can we fill the immunity gap?

Robert Cohen^{a,b,c,d,e}, Marion Ashman^{a,f}, Muhamed-Kheir Taha^g, Emmanuelle Varon^h, François Angoulvant^{e,i,j}, Corinne Levy^{a,b,c,d,e,*}, Alexis Rybak^{a,d,e}, Naim Ouldali^{a,d,e,j,k}, Nicole Guiso^l, Emmanuel Grimpel^{e,m}

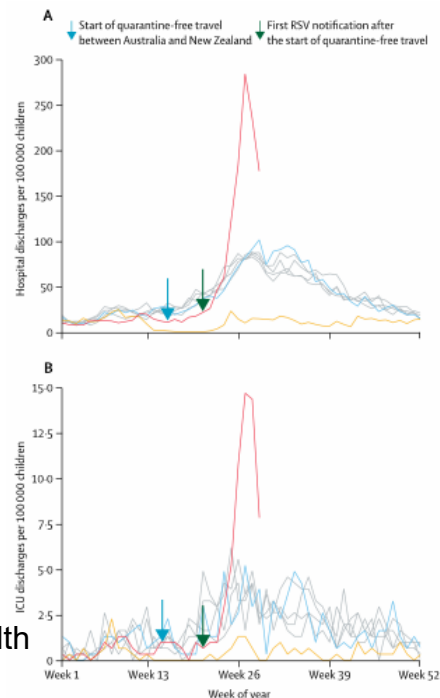


Respiratory syncytial virus: paying the immunity debt with interest

*Lee Hatter, Allie Eathorne,
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Medical Research Institute of New Zealand,
New Zealand (LH, AE, TH, PB, RB); Auckland District
Health Board, New Zealand (TH); Capital and Coast
District Health Board, New Zealand (RB)

Lancet Child Adolesc Health
2021 Dec; 5(12): e44-e45



The Guardian

Tess McClure in Christchurch

@tessairini

Thu 8 Jul 2021 05:50 BST

New Zealand children falling ill in high numbers due to Covid 'immunity debt'

Doctors say children haven't been exposed to range of bugs due to lockdowns, distancing and sanitiser and their immune systems are suffering



The Wellington hospital in New Zealand. The city has 46 children hospitalised with respiratory illnesses. Photograph: Dave Lintott/REX/Shutterstock

WORLD

Post-Covid-19, World Risks Having to Pay Off 'Immunity Debt'

Many people had little exposure to common viruses during social distancing, meaning bugs could spread more quickly once countries reopen

By Miho Inada Follow

June 28, 2021 5:30 am ET

THE WALL STREET JOURNAL.

Concept of 'Immunity Debt'

- Children who were born, and/or raised from young, were not exposed to many pathogens during COVID-19 pandemic restrictions
- Children are now non-immune to many pathogens
- Consequence – **More frequent infections & infections at older than usual age**

Clinical Infectious Diseases

VIEWPOINTS

Cycles of Susceptibility: Immunity Debt Explains Altered Infectious Disease Dynamics Post-Pandemic

Alasdair P. S. Munro^{1,2,✉} and Thomas House^{3,✉}

<https://doi.org/10.1093/cid/ciae493>

¹NIHR Southampton Clinical Research Facility and Biomedical Research Centre, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom; ²Clinical and Experimental Sciences, University of Southampton, Southampton, United Kingdom; and ³Department of Mathematics, University of Manchester, Manchester, United Kingdom

Scepticism also expressed . . .



Philip Ball

Sun 15 Jan 2023 03.00 AEDT

Immunity debt: does it really exist?

Some claim the rise in winter infections has been caused by the reduction of seasonal bugs during lockdowns. But experts are sceptical about these oversimplified explanations

Competing Hypotheses

Hypothesis 1 – Simple lack of exposure; lack of specific immunity

- Example: 1846 Faroe Islands measles outbreak – Measles had not been seen for >60 years, and no one <60 y/o had immunity – Over ~5 mo, 6100/7900 inhabitants fell ill, >100 died (<https://time.com/5800558/coronavirus-human-civilization>)

Hypothesis 2 – Lack of training of (innate) immune system

- Trained innate immunity – partial cross-protection against unrelated pathogens
- Possible overlap with ‘Hygiene Hypothesis’ (exposure to dirt is beneficial)

Hypothesis 3 – COVID-19-induced immune dysregulation

- Some other viruses known to cause (mostly temp.) immune deficiency
- Some countries that had very little measures had big RSV surges
- Some measured immune parameters are different after COVID

Trained immunity: a memory for innate host defense

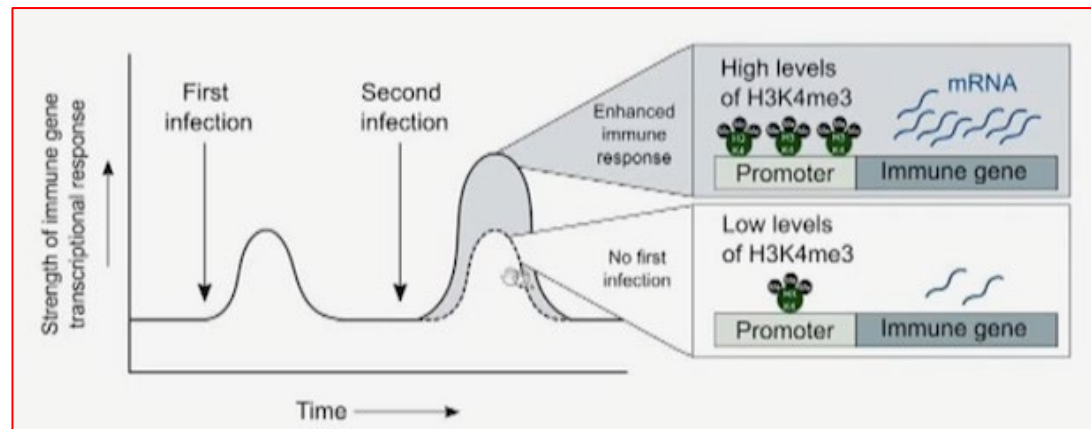
Mihai G. Netea

Radboudumc



Fascinating talk at ESCMID Global (ECCMID) Barcelona 2024

- Epigenetic reprogramming of myeloid cells can lead to faster & more effective innate (!) immune response against unrelated pathogens



Examining COVID-19's long-term effects on the innate immune system

by Karin Söderlund Leifler, Linköping University



Marie Larsson, Professor of virology at Linköping University. Credit: Cecilia Säfström/Linköpi...

The more severe the COVID-19 infection, the slower the recovery of immune cells, such as the dendritic cells, which are necessary for the activation of the immune system. This is shown by researchers at Linköping University in Sweden in a new study published in *Frontiers in Immunology*. Six months after severe COVID-19, a negative impact on several types of immune cells can still be seen.

<https://medicalxpress.com/news/2023-01-covid-long-term-effects-innate-immune.html>

Examples of Papers discussing Long COVID and Immune Dysregulation

Letter | Published: 13 January 2022

Immunological dysfunction persists for 8 months following initial mild-to-moderate SARS-CoV-2 infection

Chansavath Phetsouphanh , David R. Darley, Daniel B. Wilson, Annett Howe, C. Mee Ling Munier, Sheila K. Patel, Jennifer A. Juno, Louise M. Burrell, Stephen J. Kent, Gregory J. Dore, Anthony D. Kelleher  & Gail V. Matthews 

Nature Immunology 23, 210–216 (2022) | [Cite this article](#)

350k Accesses | 281 Citations | 9405 Altmetric | [Metrics](#)

Abstract

A proportion of patients surviving acute coronavirus disease 2019 (COVID-19) infection develop post-acute COVID syndrome (long COVID (LC)) lasting longer than 12 weeks. Here, we studied individuals with LC compared to age- and gender-matched recovered individuals without LC, unexposed donors and individuals infected with other coronaviruses. Patients with LC had highly activated innate immune cells, lacked naive T and B cells and showed elevated expression of type I IFN (IFN- β) and type III IFN (IFN- $\lambda 1$) that remained persistently high at 8 months after infection. Using a log-linear classification model, we defined an optimal set of analytes that had the strongest association with LC among the 28 analytes measured. Combinations of the inflammatory mediators IFN- β , PTX3, IFN- γ , IFN- $\lambda 2/3$ and IL-6 associated with LC with 78.5–81.6% accuracy. This work defines immunological parameters associated with LC and suggests future opportunities for prevention and treatment.

Article | [Open Access](#) | Published: 11 March 2022

ACE2-independent infection of T lymphocytes by SARS-CoV-2

Xu-Rui Shen, Rong Geng, Qian Li, Ying Chen, Shu-Fen Li, Qi Wang, Juan Min, Yong Yang, Bei Li, Ren-Di Jiang, Xi Wang, Xiao-Shuang Zheng, Yan Zhu, Jing-Kun Jia, Xing-Lou Yang, Mei-Qin Liu, Qian-Chun Gong, Yu-Lan Zhang, Zhen-Qiong Guan, Hui-Ling Li, Zhen-Hua Zheng, Zheng-Li Shi, Hui-Lan Zhang , Ke Peng & Peng Zhou 

Signal Transduction and Targeted Therapy 7, Article number: 83 (2022) | [Cite this article](#)

102k Accesses | 52 Citations | 4312 Altmetric | [Metrics](#)

Abstract

SARS-CoV-2 induced marked lymphopenia in severe patients with COVID-19. However, whether lymphocytes are targets of viral infection is yet to be determined, although SARS-CoV-2 RNA or antigen has been identified in T cells from patients. Here, we confirmed that SARS-CoV-2 viral antigen could be detected in patient peripheral blood cells (PBCs) or postmortem lung T cells, and the infectious virus could also be detected from viral antigen-positive PBCs. We next prove that SARS-CoV-2 infects T lymphocytes, preferably activated CD4+ T cells in vitro. Upon infection, viral RNA, subgenomic RNA, viral protein or viral particle can be detected in the T cells. Furthermore, we show that the infection is spike-ACE2/TMPRSS2-independent through using ACE2 knockdown or receptor blocking experiments. Next, we demonstrate that viral antigen-positive T cells from patient undergone pronounced apoptosis. In vitro infection of T cells induced cell death that is likely in mitochondria ROS-HIF-1 α -dependent pathways. Finally, we demonstrated that LFA-1, the protein exclusively expresses in multiple leukocytes, is more likely the entry molecule that mediated SARS-CoV-2 infection in T cells, compared to a list of other known receptors. Collectively, this work confirmed a SARS-CoV-2 infection of T cells, in a spike-ACE2-independent manner, which shed novel insights into the underlying mechanisms of SARS-CoV-2-induced lymphopenia in COVID-19 patients.

Further on COVID-19-related Immune Dysregulation

Cheong et al., 2023, *Cell* 186, 3882–3902
August 31, 2023 © 2023 Elsevier Inc.
<https://doi.org/10.1016/j.cell.2023.07.019>

Cell

In brief

Severe COVID-19 can reprogram hematopoiesis and establish epigenetic memory in hematopoietic stem and progenitor cells (HSPC) and progeny myeloid cells for up to 1 year. These durable alterations, which could affect post-infection immune responses and equilibrium, are controlled in part by the activity of IL-6 during acute disease.

Article

Epigenetic memory of coronavirus infection in innate immune cells and their progenitors

Jin-Gyu Cheong,^{1,2} Arjun Ravishankar,^{1,22} Siddhartha Sharma,^{3,22} Christopher N. Parkhurst,^{5,22} Simon A. Grassmann,⁶ Claire K. Wingert,⁶ Paoline Laurent,⁷ Sai Ma,^{8,9} Lucinda Paddock,¹ Isabella C. Miranda,⁹ Emin Onur Karakaslar,^{3,21} Djamel Nehar-Belaid,³ Asa Thibodeau,³ Michael J. Bale,^{1,2} Vinay K. Kartha,^{8,9} Jim K. Yee,¹ Minh Y. Mays,¹ Chenyang Jiang,¹ Andrew W. Daman,^{1,2} Alexia Martinez de Paz,¹ Dughan Ahimovic,^{1,2} Victor Ramos,¹⁰ Alexander Lercher,¹⁰ Erik Nielsen,^{1,5} Sergio Alvarez-Mulet,⁵ Ling Zheng,¹ Andrew Earl,^{8,9} Alisha Yallowitz,¹ Lexi Robbins,¹ Elyse LaFond,¹¹ Karissa L. Weidman,⁵ Sabrina Racine-Brzostek,¹ He S. Yang,¹ David R. Price,⁵ Louise Leyre,² André F. Rendeiro,^{12,13,14} Hiranmayi Ravichandran,^{13,15} Junbum Kim,¹² Alain C. Borczuk,^{1,16} Charles M. Rice,¹⁰ R. Brad Jones,^{17,18} Edward J. Schenck,⁵ Robert J. Kaner,¹⁹ Amy Chadburn,¹ Zhen Zhao,¹ Virginia Pascual,²⁰ Olivier Elemento,^{12,13} Robert E. Schwartz,⁵ Jason D. Buenrostro,^{8,9} Rachel E. Niec,^{5,10} Franck J. Barrat,^{2,7,18} Lindsay Lief,⁵ Joseph C. Sun,⁶ Duygu Ucar,^{3,4,*} and Steven Z. Josefowicz^{1,2,23,24,*}

Previews

Haunting innate immune memories of COVID-19

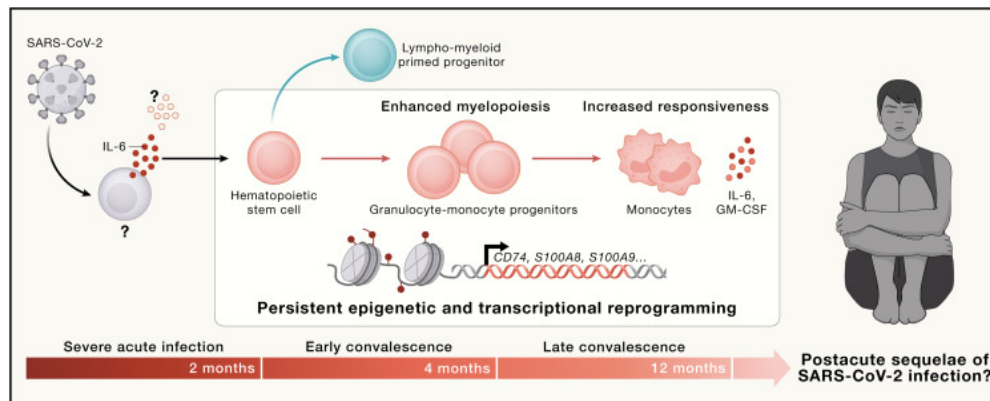
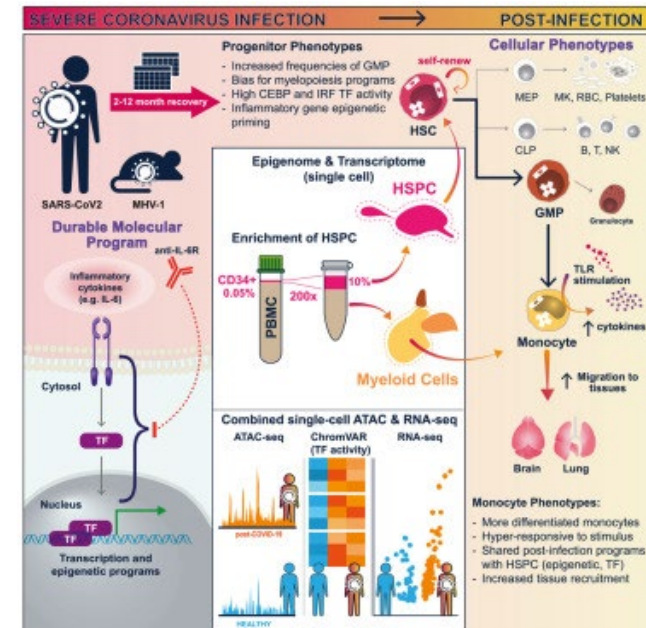
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*Correspondence: birgit.sawitzki@bih-charite.de

<https://doi.org/10.1016/j.cell.2023.07.033>

In addition to acute hyperinflammatory responses, SARS-CoV-2 infections can have long-term effects on our immune system leading to, for example, post-acute sequelae of COVID-19 (PASC). In this issue of *Cell*, Cheong et al. show that severe infections via IL-6 induce persistent epigenetic signatures in hemopoietic stem cells and their myeloid progenitors associated with increased inflammatory potential.



Competing Hypotheses

Hypothesis 4 – Virus interference with SARS-CoV-2

- Viruses interfere with each other
- SARS-CoV-2 was dominant circulating virus early in pandemic
- May explain downturn, but not irregular return of other pathogens

Hypothesis 5 – Psychological factors

- Before pandemic, people ignored ‘trivial’ infections; now seek diagnosis
- May explain increased numbers, but not severe infections

Hypothesis 6 – Multifactorial causation

- My opinion – likely multifactorial
- Complex interplay – not yet fully understood

Conclusions

- Many pathogens disappeared during pandemic restrictions & are now reappearing
- Pathogen absence is an unusual state, not their presence
- COVID-19 pandemic created a ‘human experiment’ unprecedented in history
- Pathogen return is part of return to ‘normality’
- Reappearance is not homogeneous – we see irregular and out-of-season return of pathogens after pandemic ‘bottleneck’
- We also seem to see more serious presentations, esp. in young children, and older than usual age at presentation
- Which of the **hypotheses** exactly applies is unclear
- Likely combination of factors, i.e. multifactorial
- Situation is very complicated – Need for ongoing research & observations

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- Team of the Molecular Microbiology Laboratory, KK Hospital (KKH) Singapore
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- Mr. Han Yang Soong, Molecular Microbiology, KKH Singapore
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